



Pneumonia Signs and Symptoms Assessment

Below is a list of signs and symptoms of pneumonia; a resident may have one or more than one of them. If any are identified, the next step is to report, as further testing is recommended.

Any Change in The Resident's Condition Should Be Reported Immediately



Sign/Symptom



Fever

- With tachycardia (Increased heart rate; >100)
- Chills and sweats
- Fatigue



Lower Than Normal Body Temperature (Adults 65 years or older and those with weakened immune systems)



Cough

- May be productive or nonproductive with mucoid (clear), purulent (yellow/yellowish green), or blood-tinged sputum



Pleuritic Chest Pain (Pain in Chest Area)

- May have pain with normal breathing
 - Facial grimaces or wincing
 - Vocalization of pain (moans, cries, gasps, groans)
 - Bracing of chest or surroundings (furniture or room equipment)
 - May avoid taking a deep breath
- May have increased pain with coughing
 - Facial grimaces or wincing
 - Vocalization of pain (moans, cries, gasps, groans)
 - Bracing of chest or surroundings (furniture or room equipment)



Shortness of Breath at Rest or With Minimal Exertion

- Increased respiratory rate
- Shallow respirations
- Crackles, rales, bronchial breath sounds are heard on auscultation
- Fatigue
- Headache
- Myalgia (deep muscle pain) or arthralgia (joint pain)
 - May be mild or severe
 - May last minutes or be constant
 - May occur with rest or movement



Confusion

- May occur due to the infection, fever, or shortness of breath



Loss of Appetite

- Nausea
- Vomiting
- Diarrhea