

# **Could Home Dialysis Be a Choice for Me?**

### **Questions to ask yourself:**

□Would I like more flexibility in my dialysis schedule?

□Would I like a more normal diet?

□Would I like to have less transportation hassles?

□Would I like to travel more often?

## Who should Consider Home Dialysis?

 $\boxtimes$  Patients who are independent and manage their own care

Patients who are interested in more flexibility with their daily life

 $\boxtimes$  Patients who would like a more flexible diet

## Why should I consider Home Dialysis?

 $\boxtimes$ Less stress on the heart

More energy, both mentally and physically

Better control of blood pressure and usually, fewer medications

 $\boxtimes$ Less recovery time after treatment

# What type of support would be provided by my dialysis facility

- The Home nurse will provide one on one training until you are comfortable to dialyze at home
- $\boxtimes$  The Home nurse will be available to you 24/7 either in the facility or by phone

 $\boxtimes$  You will still have visits to the home facility for labs and evaluations

The Home nurse will assist in organizing your home with supplies needed for dialysis

If you're interested learning more about home dialysis, please print your name below and give this form to your nurse or technician. We will provide you with additional information regarding all options for dialyzing at home.

### Name: \_\_\_

To be completed by facility staff:

 $\Box$  Please check this box after discussing patient interest with your Interdisciplinary Team and nephrologist for suitability and record in the 7-Step process. Refer to surgeon for access assessment, if directed.

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