

Nursing Home Quality Improvement Collaborative (NH-QIC): Learning Session 1

Pre-Test/Post-Test

1. Side rails can be restraints and mobility devices at the same time.
 - a. True
 - b. False

2. Bed rails are considered when calculating the Quality Indicator, “Percent of Residents Who Were Physically Restrained.”
 - a. True
 - b. False

3. Family members can require nursing homes to use restraints on their loved ones.
 - a. True
 - b. False

4. Residents don’t mind being physically restrained. It makes them feel safe and secure.
 - a. True
 - b. False

5. A geri-chair is always considered a physical restraint.
 - a. True
 - b. False

6. Physical restraints are effective methods for reducing falls in a facility.
 - a. True
 - b. False

7. Per F314, pressure ulcers can develop within 2–6 hours.
 - a. True
 - b. False

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8. High-risk pressure-ulcer residents, as defined by the MDS/QI manual, include residents who are impaired in ambulation and bathing.
- a. True
 - b. False
9. The Bates-Jensen and PUSH tool measures wound incidence in hospitals.
- a. True
 - b. False

Completed by:

- a. Administrator
- b. Director of Nursing
- c. MDS Coordinator
- d. Nurse
- e. CNA
- f. Other: _____

Your unique “four-digit ID” _____

This number will be used to identify your Pre- and Post-Tests. Make sure you use the same number for both tests, and make the number easy to remember (e.g., part of your phone number, address, birth date, etc.).