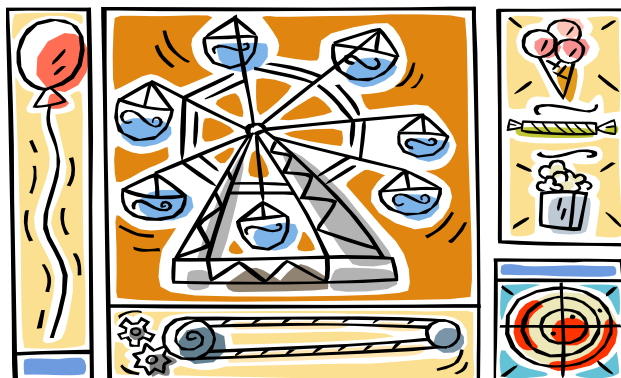


Skin Care Fair



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Presentation Objectives

- Identify common prevention interventions linked to the Braden Scale for Predicting Pressure Ulcer Risk.
 - Importance of hydrating skin
 - How to handle fragile skin
 - Importance of nutrition

2

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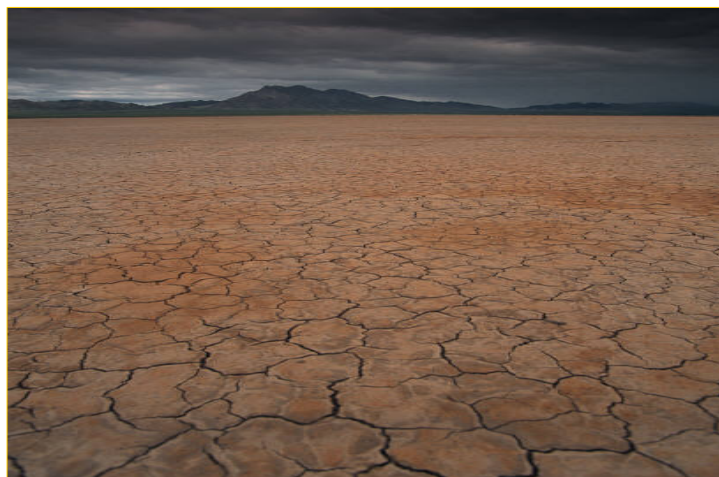
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The Braden Scale Assessment

Nutrition Usual food intake pattern.	Moisture Degree to which skin is exposed to moisture.
Activity Degree of physical activity.	Mobility Ability to change and control body position.
Sensory Perception Ability to respond meaningfully to pressure-related discomfort.	Friction and Shear Extent to which resident slides down in chair or bed. Does skin slide when moving?

3

The Barren Desert: Friction and Shear



4

The Daily Post



- Protect dry skin, which can lead to friction injuries and skin tears.
- Use moisturizers frequently and as often as necessary.
- Always be on the lookout for skin changes.
- Avoid vigorous massage over bony prominences and reddened areas.

5

Fragile—Handle with Care: Friction and Shear



6

The Daily Post

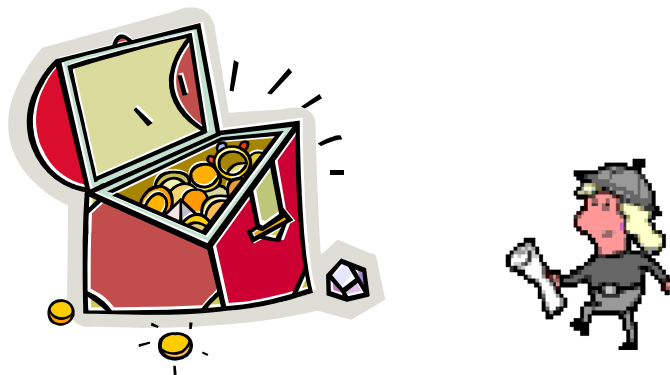


- Be cautious when changing incontinent products, bandages, and even clothes.
- An elder's skin is very fragile and can tear easily.
- Residents can wear long sleeves and pants to add a layer of protection.

7

Treasure Hunt

Nutrition



8

Treasure Hunt (cont'd)

The picture on the right is the view from petroleum-covered glasses



Seeing through the resident's eyes

9

The Daily Post



- Remember that physical limitations can be a factor in poor nutritional intake.
- Assist residents with eating, as necessary.
- Understand how residents may feel about their limitations.
- Notify the nurse if there is a decline or change in a resident's eating habits.

10

The Barrier Reef Moisture Exercise



11

You're Tearing Me Apart



12

You're Pushing too Hard



13

The Princess and the Pea




14

Dorothy's Shoes

Lions and
Tigers and
Bears,
Oh My!

Pressure and
Blisters and
Objects,
Oh My!



There's No Place Like Home

15

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Terrors of the Deep



16

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This may be the end of our session, but this is the beginning of your journey to better skin care.



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17

Questions?

18

Helpful Web Sites

Quality Improvement Tools:

<http://www.qualitynet.org>

Health Services Advisory Group (HSAG):

<http://www.hsag.com/canursinghomes/default.aspx>

National Pressure Ulcer Advisory Panel (NPUAP):

<http://www.npuap.org>



19

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20

References



21

Over 1 million drug-related injuries occur every year in health care settings. The Institute of Medicine estimates that at least a quarter of these injuries are preventable.

To find out how to prevent medication errors, go to http://www.hsag.com/ca_drugsafety.



www.hsag.com

This material was prepared by Health Services Advisory Group Inc., the Medicare Quality Improvement Organization for California, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. Publication No. CA-9SOW-6.2-031810-01

22