

Fast Facts About TeamSTEPPS

- TeamSTEPPS includes the **S**trategies and **T**ools to **E**nhance **P**erformance and **P**atient **S**afety
- The TeamSTEPPS initiative is based on evidence derived from team performance—leveraging more than 25 years of research in military, aviation, nuclear power, business and industry—to acquire team competencies.
- TeamSTEPPS training is only one component of a patient safety program designed to enhance patient safety. Additional components include process improvement, organizational sharing and support, regulatory compliance, and education.
- Team performance is affected by the team members’ attitudes, skills and behaviors, clinical knowledge, and critical thinking ability. TeamSTEPPS addresses all of these dimensions through Leadership, Situation Monitoring, Mutual Support, and Communication.
- The outcomes of TeamSTEPPS training include a shared mental model of safety, mutual trust and a sense of team, and performance that is adaptable, accurate, productive, efficient and safe.
- Goals of training include recognizing opportunities to improve patient safety, integrating the strategies and tools into daily practice, and enhancing team effort.
- Team STEPPS incorporates John Kotter’s eight steps of change. These steps include:
 1. Create a sense of urgency.
 2. Build a guiding team.
 3. Develop a change vision and strategy.
 4. Increase understanding and “buy-in.”
 5. Empower others.
 6. Celebrate short-term wins.
 7. Be relentless in pursuit of the cultural change.
 8. Sustain the cultural change.

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