

# HSAG Physical Restraints Collaborative Learning Session 1

**Tuesday, September 23, 2008**  
10 a.m. to 3 p.m.

Health Services Advisory Group (HSAG)  
Carter Marshall Conference Center  
1600 E. Northern Avenue, Suite 100  
Phoenix, AZ 85020

## OBJECTIVES

- Understand how two Arizona nursing homes improved their Physical Restraints Quality Measure (QM) outcomes.
- Share best practices with other Collaborative nursing homes.
- Realize how the Physical Restraints QM is calculated from the Minimum Data Set (MDS) 2.0.
- Learn tools and resources to help your nursing home with daily processes of care for Physical Restraint reduction and management.

## AGENDA

- 10:00 a.m. Welcome and Introductions ..... Joe Bestic, NHA, BA  
*Director, Nursing Home, HSAG*
- 10:15 a.m. Restraint Reduction Success Story: Good Shepherd Villa ..... Rose Anderson, RN  
*Director of Nursing, Good Shepherd Villa*
- 11:00 a.m. Restraint Reduction Success Story: Beatitudes ..... Karen Mitchell, RN  
*Director of Nursing, Beatitudes Campus*
- 11:45 p.m. Lunch**
- 12:45 p.m. Physical Restraints Toolkit ..... Kathy Bailey, LMSW  
*Clinical Quality Specialist, HSAG*
- 1:45 p.m. Collaboration Sharing ..... Collaboration Participants
- 2:45 p.m. Wrap-Up and Next Steps ..... Kathy Bailey

Meeting Adjourned

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