

HSAG Physical Restraints Collaborative
Learning Session 1—September 23, 2008
Post-Test

1. Side rails can be restraints and mobility devices at the same time.
 - a. True
 - b. False
2. Research shows the belief that restraints ensure safety is often unfounded.
 - a. True
 - b. False
3. Bed rails are considered when calculating the Quality Indicator, “Percent of Residents Who Were Physically Restrained”?
 - a. True
 - b. False
4. The facility is legally obligated to use restraints when a family member / legal representative or surrogate requests their use.
 - a. True
 - b. False
5. Physical restraint is an effective method for reducing falls in a facility.
 - a. True
 - b. False

Completed by:

- a. Administrator
- b. Director of Nursing
- c. MDS Coordinator
- d. Nurse
- e. CNA
- f. Other: _____

Your unique “four digit ID” _____

This number will be used to identify your Pre- and Post-Tests. Make sure you use the same number for both tests, and make the number easy to remember (e.g., part of your phone number, address, birth date, etc.).