

HSAG Physical Restraints Collaborative  
**Learning Session 1—September 23, 2008**  
**Pre-Test**

1. Side rails can be restraints and mobility devices at the same time.
  - a. True
  - b. False
2. Research shows the belief that restraints ensure safety is often unfounded.
  - a. True
  - b. False
3. Bed rails are considered when calculating the Quality Indicator, “Percent of Residents Who Were Physically Restrained”?
  - a. True
  - b. False
4. The facility is legally obligated to use restraints when a family member / legal representative or surrogate requests their use.
  - a. True
  - b. False
5. Physical restraint is an effective method for reducing falls in a facility.
  - a. True
  - b. False

*Completed by:*

- a. Administrator
- b. Director of Nursing
- c. MDS Coordinator
- d. Nurse
- e. CNA
- f. Other: \_\_\_\_\_

Your unique “four digit ID” \_\_\_\_\_

*This number will be used to identify your Pre- and Post-Tests. Make sure you use the same number for both tests, and make the number easy to remember (e.g., part of your phone number, address, birth date, etc.).*