

HSAG Physical Restraints Collaborative Learning Session 2

Thursday, January 8, 2009
10 a.m. to 3 p.m.

Health Services Advisory Group (HSAG)
Carter Marshall Conference Center
1600 E. Northern Avenue, Suite 100
Phoenix, AZ 85020

OBJECTIVES

- Learn about physical restraints from the Arizona Department of Health Services (ADHS) perspective.
- Learn about effective falls-management approaches to assist with physical-restraint reduction.
- Share best practices with other collaborative nursing home participants.
- Learn about tools designed to help nursing homes with daily processes of care for physical-restraint reduction and management.

AGENDA

- 10:00 a.m. Welcome and Introductions Joe Bestic, NHA, BA
Director, Nursing Home, HSAG
- 10:15 a.m. The Physical Restraint Quality Measure:
A Surveyor Perspective.....Sylvia Balistreri, RN, BSN
Program Manager, Arizona Department of Health Services, Office of Long-Term Care Licensing
- 11:15 a.m. Restraint Reduction Success Story:
Palm View Rehab and Care Center Mary Alka, NHA
Administrator, Palm View Rehab and Care Center
- 12:00 Noon Lunch**
- 12:45 p.m. Falls Management Program Kathy Bailey, LMSW
Clinical Quality Specialist, HSAG
and Joe Bestic
- 1:45 p.m. Collaboration Sharing Collaboration Participants
- 2:45 p.m. Wrap-Up and Next Steps Joe Bestic

Meeting Adjourned

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