

Palm View Rehabilitation Success
HSAG Physical Restraint Collaborative
Learning Session 2



Back to the Dark Ages

- December 2007 We were at 96
State Percentile at 13.6%
Facility Observed

PLAN OF ATTACK



- First we had to look at the root cause
- Pre-Restraint Assessment on all residents
- We did this Hall by Hall

What we found out



- Needed to educate staff
- Needed to educate families
- Needed to order supplies
- Educate Ombudsman
- Needed Pharmacist to look at drugs
- Needed Therapy

Education of Staff



- Falls
- Look into the root cause
- Gave suggestions on what to use
- Played out scenarios
- Made staff changes
- Got our Pharmacist involved

Education of Families



- Arranged IDT Meeting with families
- Went over assessment of loved one
- Went over the risk of current restraint
- WE DID NOT GUARANTY THAT LOVE ONE WOULD NOT FALL

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SUPPLIES ORDERED



- Scoop Mattress
- Hi/Low Beds
- Blue floor mats
- Cushions
- Non slip floor and w/c supplies
- Tab Alarms
- Self release seat belts
- Padding for side rails – Seizures

OMBUDSMAN



- Education of the Ombudsman
- Helped with families calling
- Helped with staff
- He attends care plans for the 3 we still have.

Therapy

- Aide in evaluation of resident
- Pick up resident when appropriate
- Develop and RNA program
- Seating assessments
- Transfer status
- Bed Mobility – enabler vs. side rail

Graft of Progress

