

HSAG Physical Restraints Collaborative  
**Learning Session 2—January 8, 2009**  
**Pre-Test**

1. Family members can require nursing homes to use restraints on their loved ones.
  - a. True
  - b. False
2. Residents don't mind being physically restrained. It makes them feel safe and secure.
  - a. True
  - b. False
3. A geri-chair is always considered a physical restraint.
  - a. True
  - b. False
4. According to the Falls Management Program, what is defined as a "culture of safety"?
  - a. The Eden Alternative.
  - b. Keeping a log of incidents (with falls) within the nursing home.
  - c. Describes how the behavior of staff and management affects the safety of residents.
  - d. All of the above.
5. According to the Falls Management Program, residents who fall should be monitored for \_\_\_\_\_ hours after the fall.
  - a. 24
  - b. 48
  - c. 72
  - d. 64

*Completed by:*

- a. Administrator
- b. Director of Nursing
- c. MDS Coordinator
- d. Nurse
- e. CNA
- f. Other: \_\_\_\_\_

Your unique "four-digit ID" \_\_\_\_\_

*This number will be used to identify your Pre- and Post-Tests. Make sure you use the same number for both tests, and make the number easy to remember (e.g., part of your phone number, address, birth date, etc.).*