

## Patient and Family Engagement (PFE) Quickinar Series, Session 6

### Role of PFE in Reducing Readmissions

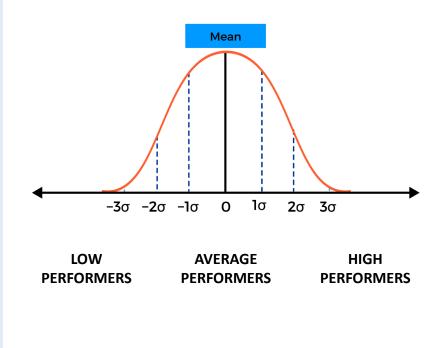


- Show the relationship of PFE to Value-Based Purchasing (VBP).
- Discuss how social drivers impact patients' likelihood of being readmitted.
- Define Teach-Back.
- Give examples of ways to prepare patients for self-care outside the hospital.



## What Is VBP?

- CMS program
- Budget neutral, where hospitals not meeting targets generate bonuses for hospitals that do meet targets
- Rewards for achievement <u>or</u> improvement





#### FY 2025 Hospital Value-Based Purchasing Program Quick Reference Guide

Payment adjustment effective for discharges from October 1, 2024, to September 30, 2025

	Mortality Measure	s				
	Baseline Period			Performance Period		
	July 1, 2015-June 30, 2	2018		July 1, 2020-June 30, 2023*		
	Measure ID Measure Name			Achievement Threshold	Benchmark	
seu	MORT-30-AMI	Acute Myocardial In 30-Day Mortality	farction	0.872624	0.889994	
Clinical Outcomes	MORT-30-CABG	Coronary Artery Byp Surgery 30-Day Mor		0.970100	0.979775	~
ō	MORT-30-COPD	Chronic Obstructive Disease 30-Day Mor	rtality	0.915127	0.932236	25%
ica	MORT-30-HF	Heart Failure 30-Day	y Mortality	0.883990	0.910344	2
i i	MORT-30-PN	Pneumonia 30-Day I	Mortality	0.841475	0.874425	
Ē	Complication Mea	asure				
	Baseline Period April 1, 2015–March 31			Performance Period April 1, 2020–March 31, 2023		
	Measure ID	Measure Name		Achievement Threshold	Benchmark	
	COMP-HIP- KNEE	Total Hip Arthroplas Knee Arthroplasty C		0.025332	0.017946	
	Baseline Period Jan. 1, 2019–Dec. 31, 2	2010		Performance Period Jan. 1, 2023–Dec. 31, 2023		
<b>カンだ</b>	HCAHPS Survey		Eloor (%)	Achievement Threshold (%)	Benchmark (%)	
Person and Community Engagement	Communication wi		53.50	79.42	87.71	
	Communication wi		62.41	79.83	87.97	25%
	Responsiveness o		40.40	65.52	81.22	ŭ
a I S	Communication ab		39.82	63.11	74.05	21
10 G		ess and Quietness 45.94		65.63	79.64	
чош	Discharge Informa		66.92	87.23	92.21	
	Care Transition	alori I	25.64	51.84	63.57	
	Overall Rating of Hospital 36.3			71.66	85.39	
	Healthcare-Assoc		00.01	11.00	00.05	
	Baseline Period Jan. 1. 2019–Dec. 31. 2	2019		Performance Period Jan. 1, 2023–Dec. 31, 2023		
	Measure ID	Measure Name		Achievement Threshold	Benchmark	
Safety	CAUTI	Catheter-Associated Urinary Tract Infection		0.650	0.000	25%
at	I CDI	Clostridium difficile In	nfection	0.520	0.014	- CO
Sat	LABSI	Central Line-Associa Bloodstream Infection		0.589	0.000	2
	MRSA Methicillin-Resistant Staphylococcus aure		0.726	0.000		
	SSI	Colon Surgery Abdominal Hysterec	tomy	0.717 0.738	0.000 0.000	
o st c	Baseline Period Jan. 1, 2021–Dec. 31, 2	2021		Performance Period Jan. 1, 2023–Dec. 31, 2023		
505	Measure ID	Measure Name		Achievement Threshold	Benchmark	~
Efficiency and Cost Reduction	↓ MSPB	Medicare Spending Beneficiary	per	Median MSPB ratio across all hospitals during the performance period	Mean of lowest decile of MSPB ratios across all hospitals during the performance period	25%

(\*) These performance periods are impacted by the Extraordinary Circumstances Exception (ECE) granted by CMS on March 22, 2020, further specified by CMS on March 27, 2020, and amended in the August 25, 2020, <u>COVID-19 Interim Final Rule</u>, Claims from Q1 2020 and Q2 2020 will not be used in the claims-based measure activations.

Indicates lower values are better for the measure.



#### **Clinical outcomes**

- Teach patients and families what symptoms to report and what precautions to adhere to.
- Align with your internal protocols.

#### FY 2025 Hospital Value-Based Purchasing Program Quick Reference Guide

		ortality Measur					
	Baseline Period				Performance Period		
	July 1, 2015–June 30, 2018 Measure ID Measure Name				July 1, 2020–June 30, 2023 Achievement Threshold	Benchmark	
		MORT-30-AMI					
mes			Acute Myocardial Infarction 30-Day Mortality		0.872624	0.889994	
tco		MORT-30-CABG	Coronary Artery Bypass Graft Surgery 30-Day Mortality Chronic Obstructive Pulmonary Disease 30-Day Mortality		0.970100	0.979775	
Clin ical Outcomes		MORT-30-COPD			0.915127	0.932236	10-0
2		MORT-30-HF	Heart Failure 30-D		0.883990	0.910344	C
i i		MORT-30-PN	Pneumonia 30-Da	y Mortality	0.841475	0.874425	
Ē	Co	mplication Me	asure				
	Baseline Period April 1, 2015–March 31, 2018				Performance Period April 1, 2020–March 31, 2023*		
		Measure ID	Measure Na		Achievement Threshold	Benchmark	
	ŧ	COMP-HIP- KNEE	Total Hip Arthropia Knee Arthropiasty		0.025332	0.017946	
		Baseline Period			Performance Period		
	Jan	.1, 2019-Dec. 31,	2019		Jan. 1, 2023-Dec. 31, 2023		
Person and Community Engagement		<b>HCAHPS Survey</b>	Dimensions	Floor (%)	Achievement Threshold (%)	Benchmark (%)	
Person and Community Engagemen		Communication w	ith Nurses 53.50		79.42	87.71	۰.
e n n		Communication w			79.83	87.97	25%
		Responsiveness			65.52	81.22	
		Communication a			63.11	74.05	
ត ប៉ុត្ត			ness and Quietness 45.94		65.63	79.64	
_		Discharge Inform			87.23	92.21	
		Care Transition	1	25.64	51.84	63.57	
	11-	Overall Rating of	ciated Infections	36.31	71.66	85.39	
	пе		clated infections	5			
	Baseline Period Jan. 1, 2019–Dec. 31, 2019				Performance Period Jan. 1, 2023–Dec. 31, 2023		
	Jan	Measure ID	Measure Name		Achievement Threshold	Benchmark	
Safety		CAUTI	Catheter-Associat Urinary Tract Infec		0.650	0.000	1010
afe	1	CDI	Clostridium difficile		0.520	0.014	
ŝ	i	CLABSI	Central Line-Asso Bloodstream Infec	ciated	0.589	0.000	0
		MRSA	Methicillin-Resistant Staphylococcus aureus		0.726	0.000	
		SSI	Colon Surgery Abdominal Hyster		0.717 0.738	0.000	
on sty	Jan	Baseline Period			Performance Period Jan. 1, 2023–Dec. 31, 2023		
50.5		Measure ID	Measure Name		Achievement Threshold	Benchmark	6
Efficiency and Cost Reduction	1	MSPB	Medicare Spending per Beneficiary		Median MSPB ratio across all hospitals during the performance period	Mean of lowest decile of MSPB ratios across all hospitals during the performance period	25%

<sup>(\*)</sup> These performance periods are impacted by the Extraordinary Circumstances Exception (ECE) granted by CMS on <u>March 22, 2020</u>, further specified by CMS on <u>March 22, 2020</u>, and amended in the August 25, 2020, <u>COVID-19 Interim Final Rule</u>. Claims from Q1 2020 and Q2 2020 will not be used in the claims-based measure calculations.

Indicates lower values are better for the measure.

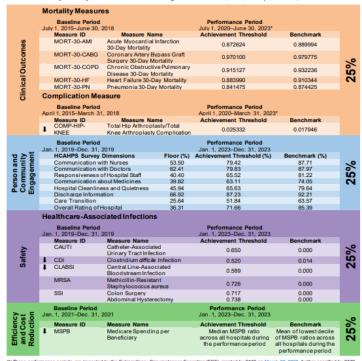
Last Updated: December 2022



Person and Community Engagement Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS)

Intro to PFE Quickinar.

#### FY 2025 Hospital Value-Based Purchasing Program Quick Reference Guide



Payment adjustment effective for discharges from October 1, 2024, to September 30, 2025

(\*) These performance periods are impacted by the Extraordinary Circumstances Exception (ECE) granted by CMS on <u>March 22, 2020</u>, further specified by CMS on <u>March 22, 2020</u>, and amended in the August 25, 2020, <u>COVID-19 Interim Final Rule</u>, Claims from Q1 2020 will not be used in the claims-based measure calculations.

Indicates lower values are better for the measure

Last Updated: December 2022

HSAG. Intro to PFE Quickinar. Available at <u>https://www.hsag.com/en/hqic/patient-family-engagement-quickinar-series/</u>CMS. Hospital HCAHPS. <u>https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-</u>



6

#### Safety/Hospital-Associated Infections (HAI)

- Hand hygiene for staff, patients, and visitors
- Hand sanitizer conveniently located
- No foleys for convenience
- Patients knowing not to scratch incisions or pick at dressings

7

#### FY 2025 Hospital Value-Based Purchasing Program Quick Reference Guide

	Mortality Meas	ures				
	Baseline Perio July 1, 2015–June 3			Performance Period July 1, 2020–June 30, 2023*		
	Measure ID Measure Name			Achievement Threshold	Benchmark	
Clin ical Outcomes	MORT-30-AMI	Acute Myocardial 30-Day Mortality	Infarction	0.872624	0.889994	
	MORT-30-CAB			0.970100	0.979775	
	MORT-30-COP		ve Pulmonary	0.915127	0.932236	1010
	MORT-30-HF	Heart Failure 30-D		0.883990	0.910344	
<u>e</u> .	MORT-30-PN			0.841475	0.874425	
Ë	MORT-30-PN Pneumonia 30-Day Mortality Complication Measure			0.041470	0.074420	
0	Baseline Period			Performance Period		
	April 1, 2015-March			April 1, 2020-March 31, 20		
	Measure ID	Measure Nar		Achievement Threshold	Benchmark	
	COMP-HIP-	Total Hip Arthropla Knee Arthroplasty		0.025332	0.017946	
	Baseline Perio	od		Performance Period		
	Jan. 1. 2019-Dec. 3	1. 2019		Jan. 1, 2023-Dec. 31, 2023		
Person and Community Engagement	HCAHPS Surve		Floor (%)	Achievement Threshold (%		
ētē	Communication		53.50	79.42	87.71	١.
	Communication			79.83	87.97	- 2
5 2 5	Responsivenes			65.52	81.22	1
a n g	Communication			63.11	74.05	1
ō ې ĕ	Hospital Clean	ness and Quietness 45.94		65.63	79.64	
	Discharge Infor			87.23	92.21	
	Care Transition	25.64		51.84	63.57	
	Overall Rating	of Hospital	36.31	71.66	85.39	
	Healthcare-Ass	ociated Infections	3			
	Baseline Period			Performance Period		
	Jan. 1, 2019-Dec. 3			Jan. 1, 2023-Dec. 31, 2023		
	Measure ID	Measure Name		Achievement Threshold	Benchmark	
Safety	CAUTI	Catheter-Associate Urinary Tract Infect	tion	0.650	0.000	10-0
a l	I CDI	Clostridium difficile		0.520	0.014	
S	CLABSI	Central Line-Asso Bloodstream Infec	tion	0.589	0.000	•
	MRSA	Methicillin-Resista Staphylococcus at		0.726	0.000	
	SSI	Colon Surgery Abdominal Hystere	ectomy	0.717 0.738	0.000	
Efficiency and Cost Reduction	Baseline Period Jan. 1, 2021–Dec. 31, 2021			Performance Period Jan. 1, 2023–Dec. 31, 2023	3	
	Measure ID	Measure Name		Achievement Threshold	Benchmark	2
	MSPB	Medicare Spendin Beneficiary	g per	Median MSPB ratio across all hospitals during	Mean of lowest decile of MSPB ratios across	4

at adjustment effective for discharges from Osteber 1, 2024, to September 20, 2025

1) These performance periods are impacted by the Extraordinary Circumstances Exception (ECE) granted by CMS on <u>March 22, 2020</u>, further specified by CMI on <u>March 27, 2020</u>, and amended in the August 25, 2020, <u>COVID-19 Interim Final Rule</u>. Claims from Q1 2020 and Q2 2020 will not be used in the claims-based easaure calculations.

Indicates lower values are better for the measure.

Last Updated: December 2022

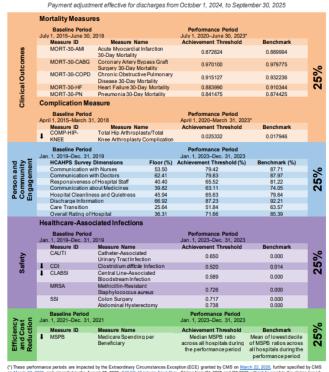
HSAG. Clean Hands Pledge English. <u>https://www.hsag.com/globalassets/hqic/hqic\_cleanhandspledge.pdf</u> HSAG. Clean Hands Pledge Spanish. <u>https://www.hsag.com/globalassets/hqic/hqic\_cleanhandspledge\_sp.pdf</u>



#### Efficiency and Cost Reduction

- Screening for social drivers
- Teach-Back
- Discharge teaching and planning begins on admission

#### FY 2025 Hospital Value-Based Purchasing Program Quick Reference Guide



<sup>\*)</sup> These performance periods are impacted by the Extraordinary Circumstances Exception (ECE) granted by CMS on <u>March 22, 2020</u>, further specified by CMS on <u>March 22, 2020</u>, and a mended in the August 25, 2020, <u>COVID-19 Interm Final Rule</u>, Claims from O1 2020 and 02 2020 will not be used in the claims-based measure calculation.

Indicates lower values are better for the measure.

Last Updated: December 2022



## **Preparing Patients for Discharge**

- Screen for social drivers of health (SDOH).
- Use Teach-Back.
- Encourage patient return demonstration.
- Discharge patients to the appropriate level of care.



## **Screen for SDOH**

#### Screening for SDOH Measure

- Food insecurity
- Housing instability
- Transportation needs
- Utilities difficulties
- Interpersonal safety

## Screen positive rate for SDOH Measure

- Food insecurity
- Housing instability
- Transportation needs
- Utility difficulties
- Interpersonal safety

Numerator

Number of patients who were screened for one or all social drivers

Numerator

Number of patients who screened positive for each driver

Denominator

10

Number of patients 18 or older admitted as an inpatient

Denominator

Number of patients 18 or older admitted as an inpatient

CMS. Screening for Social Drivers of Health Measure and the Screen Positive to Social Drivers of Health Measure. Available at <a href="https://qualitynet.cms.gov/files/6269ba5b5e40610016f30237?filename=ScrnSocDrvrs\_%20Scrn\_Pos\_Specs.pdf">https://qualitynet.cms.gov/files/6269ba5b5e40610016f30237?filename=ScrnSocDrvrs\_%20Scrn\_Pos\_Specs.pdf</a>



## What Is Teach-Back?

- A way to make sure you explained information clearly
- Not a quiz for patients
- A way to check for patient, family, and care partner understanding
- Evidence-based health literacy intervention that improves patient-provider communication and patient health outcomes





#### Why Teach-Back?

First, you need to blah, blahblah...and then blah blah blah, blah-blah. I have no idea what she means. I'm embarrassed to ask. I hope my spouse is getting this. I wonder what she's saying? I'll never remember everything. I hope my spouse is getting this.

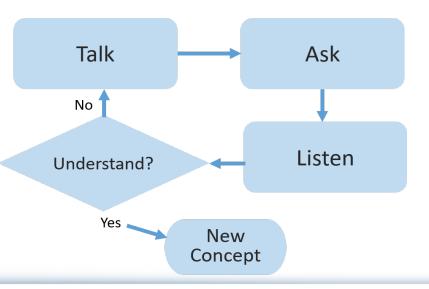
American Medical Association (AMA). Health Literacy Video. Available at <u>https://www.youtube.com/watch?v=BgTuD7I7LG8</u>



### Always Use Teach-Back! 10 Elements of Competence for Using Teach-Back Effectively

- Use a caring tone of voice and attitude.
- 2. Display comfortable body language and make eye contact.
- 3. Use plain language.
- 4. Ask the patient to explain back, using their own words.
- 5. Use non-shaming, open-ended questions.
- 6. Avoid asking questions that can be answered with a simple yes or no.
- 7. Emphasize that the responsibility to explain clearly is on you, the provider.

- 8. If the patient is not able to Teach-Back correctly, explain again and re-check.
- 9. Use reader-friendly print materials to support learning.
- 10. Document the use of and patient response to Teach-Back.



Iowa Health System. Picker Institute. Des Moines University. Health Literacy Iowa. 10 Elements of Competence for Using
 Teach-back Effectively. Available at <u>https://higherlogicdownload.s3.amazonaws.com/HEALTHLITERACYSOLUTIONS/b33097fb-</u>8e0f-4f8c-b23c-543f80c39ff3/UploadedImages/docs/Teach Back - 10 Elements of Competence.pdf



# **Preparing Patients for Discharge: Patient A**

#### **Patient A**

- New diagnosis of heart failure
- New medications
- New diet
- Home health, but does not let strangers in the home
- Social driver screen: positive for food insecurity.

#### **Strategies**

- Use Teach-Back
- Provide a scale and paper calendar to record daily weights
- Schedule a dietary consult
- Schedule Meals on Wheels
- Involve Pharmacy in discharge medication reconciliation
- Encourage patient return demonstration
  - Weighing
  - Recording weight
  - Determining fluid intake
  - Reading nutrition label
- Watch Let Home Health In video



# **Preparing Patients for Discharge: Patient B**

#### Patient B

- Post-op total hip
- Lives in a 2-story home, but can put a bed downstairs
- Full bath downstairs with walk-in shower
- Refuses skilled nursing facility (SNF); son is a nurse and can stay
- Social driver screen: negative

#### **Strategies**

- Use Teach-Back
- Ensure son is off work while staying with and caring for his loved one
- Consider home health
- Consider outpatient therapies



# **Preparing Patients for Discharge: Patient C**

#### Patient C

- Post acute myocardial infarction (AMI) with stent
- New medications
- New diet

16

- Cardiac rehab
- Social driver screen: positive for transportation needs for 2 weeks

#### **Strategies**

- Use Teach-Back
- Involve pharmacy in discharge medication reconciliation
- Schedule a dietary consult
- Arrange for transportation to cardiac rehab until cleared to drive



### **Key Concepts**

- Patients knowing what symptoms to report and what precautions to adhere to may decrease mortality and complications.
- Patients appropriately prepared for discharge are less likely to be readmitted.
- Screen for SDOH.
- Use Teach-Back.
- Demonstrate a patient return.
- Discharge to the appropriate level of care.





## Join Us for the Entire PFE Quickinar Series: 1st and 3rd Thursdays

Recordings, slides, and resource links will be posted for on-demand access after every session. 7. Bedside Hand Off to Improve Patient Outcomes
How Bedside Hand Off Can Improve Patient Outcomes *Thursday, May 4, 2023 | 1 p.m. ET | 12 noon CT | 11 a.m. MT | 10 a.m. PT*Objectives:

Describe how to engage staff in bedside hand off.
Identify the types of nursing units successful with bedside shift report.
Discuss multiple rounding processes in the bedside report.
Identify opportunities to engage the patient and care partner in a shift report.

Achieving Patient/Family Centered Care



#### www.hsag.com/pfe-quickinars



## **Check Out the Health Equity Quickinar Series:** 2nd and 4th Thursdays

8. Analysis and Stratification of Health Equity Data

Recordings, slides, and resource links will be posted for on-demand access after every session.

19



https://www.hsag.com/es/hqic/health-equity-quickinar-series/









# Thank you!

This material was prepared by Health Services Advisory Group (HSAG), a Hospital Quality Improvement Contractor (HQIC) under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. Publication No. XS-HQIC-PFE-04032023-01