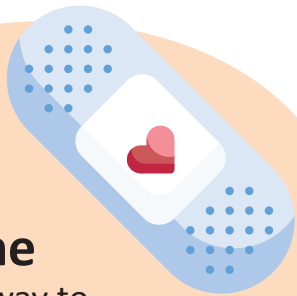


Together We Can Beat Flu

Tips to Stay Healthy this Flu Season

Flu Vaccine

The single best way to reduce the risk of seasonal flu and its potentially serious complications is to get vaccinated each year.



Avoid close contact with people who are sick.



Stay home when you are sick.



Clean your hands.



Avoid touching your eyes, nose, or mouth.



Cover your mouth and nose.



Source: www.cdc.gov/flu/prevent/actions-prevent-flu.htm