

# Practice Virus Prevention Habits



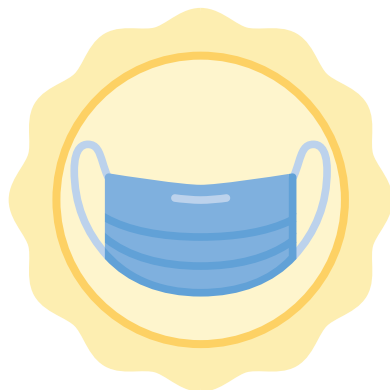
**Wash Your Hands for at Least 20 Seconds**



**Get Vaccinated**



**Stay Home If You Are Sick**



**Consider Wearing a Mask in Public**



**Cover Your Mouth When You Cough or Sneeze**

Source: [www.cdph.ca.gov/Programs/OPA/Pages/NR23-027.aspx](http://www.cdph.ca.gov/Programs/OPA/Pages/NR23-027.aspx)