



Quality Measure Tip Sheet: Falls With Major Injury—Long Stay

★ ★ ★ ★ ★ *This measure is used in the 5-star quality rating system*

Quality Measure Overview

- This measure is a **look-back scans** measure. If the resident had one or more falls with a major injury on one or more of the look-back scan assessments, it will trigger the measure.
- Measure triggers if the event/condition occurred any time during a **one-year period or look back period**.
- Fall history is obtained with a look-back **up to six months (180 days) prior to admission looking back from re-entry date**.

Exclusions:

- The occurrence of fall was not assessed.
- The assessment indicates that a fall occurred and that the number of falls with major injury was not assessed.



Consider These Questions...

- Was the MDS coded as per the *Resident Assessment Instrument* requirements?
- Was a fall risk assessment completed on admission, quarterly, and with changes to identify appropriate risk?
- Was a process in place (based on fall score) to initiate preventive devices?
- Were preventive devices communicated to direct-care staff members?
- Are interventions monitored for placement and function?
- Are gait belts accessible for transfers?
- Do the nurses demonstrate competence for assessing fall risk?
- Are the direct-care staff members proficient in transfers and mobility functions?

MDS Coding Requirements

In the Minimum Data Set (MDS), refer to section J:

- Determine the number of falls that occurred since admission/entry or reentry or prior assessment (OBRA or scheduled Prospective Payment System [PPS]) and code the level of fall-related injury for each. Code each fall only once. If the resident has multiple injuries in a single fall, code the fall for the highest level of injury.
- Coding instructions for J1900C, major injury
 - Code 0, none: if the resident had no major injurious fall since admission/entry or reentry or prior assessment (OBRA or scheduled PPS)
 - Code 1, one: if the resident has one major injurious fall since admission/entry or reentry or prior assessment (OBRA or scheduled PPS)
 - Code 3, two or more: if the resident had two or more major injurious falls since admission/entry or reentry or prior assessment (OBRA or scheduled PPS)
- Indicate major injuries for:
 - Bone fractures.
 - Joint dislocations.
 - Closed head injuries with altered consciousness.
 - Subdural hematoma.

- Are fall precautions taken if the resident is on anticoagulants, antidepressants, antiepileptics, antihypertensives, antiparkinson agents, benzodiazepines, diuretics, nonsteroidal anti-inflammatory agents, psychotropics, vasodilators, laxatives, glycemic medications, tranquilizers, or hypnotics/sedatives?
- Are vision issues addressed?
- Is appropriate footwear used?
- Is the resident appropriately positioned?
- Are pain and comfort issues addressed?
- Are rest periods provided?
- Are activity programs individualized for the resident to meet his or her needs/preferences?
- Is continence managed?

For guidance on quality measures, reach out to Health Services Advisory Group (HSAG).

In Arizona, contact:
aznursinghome@hsag.com

In California, contact:
canursinghomes@hsag.com