

# Top 10 Interventions Summary:

## Reducing Inpatient Psychiatric Readmissions

HSAG spotlighted the 10 practices identified in *Reducing Behavioral Health Readmissions: Strategies and Lessons Learned*.<sup>1</sup> Hospitals using a variety of readmission reduction interventions endorsed **these top 10 practices** as **very important** or **critical** for reducing readmissions.



**Review these Top 10 interventions: What could you implement or adapt in your part of the system for improved patient outcomes?**

### Support-related

1. A post-discharge follow-up phone call\* to the client or caregiver by someone known to the patient
2. Assess, anticipate, and address readmission risk factors in discharge planning
3. Family/caregiver meeting focused on readmission reduction during admission
4. Increase individualized referrals
5. Conduct a follow-up telephone call to anyone associated with the patient's aftercare plan

### Medication-related

6. Medications filled at discharge
7. Verify coverage for medication

### Teamwork-related

8. Improve communication and coordination between providers
9. Have a specific procedure for follow-up with clients not adherent to aftercare
10. Case Conference review of every readmission

\*Rated as the most important intervention to reduce readmissions

To view information, implementation tips, and resources for the individual interventions listed above please visit: [www.hsag.com/bh-resources](http://www.hsag.com/bh-resources)

For more information, read  
**Reducing Behavioral Health Readmissions:  
Strategies and Lessons Learned** at  
<https://goo.gl/fo0sWr>

1. *The Office of Mental Health in New York.*

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## Key Lessons:



Establishing a set of core clinical processes is critical.



Using a portfolio of mutually reinforcing interventions is needed.



Success depends more on robust implementation on any one intervention.

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