Top 10 Interventions Summary:
Reducing Inpatient Psychiatric Readmissions

HSAG spotlighted the 10 practices identified in *Reducing Behavioral Health Readmissions: Strategies and Lessons Learned.* Hospitals using a variety of readmission reduction interventions endorsed these top 10 practices as very important or critical for reducing readmissions.

Review these Top 10 interventions: What could you implement or adapt in your part of the system for improved patient outcomes?

**Support-related**
1. A post-discharge follow-up phone call* to the client or caregiver by someone known to the patient
2. Assess, anticipate, and address readmission risk factors in discharge planning
3. Family/caregiver meeting focused on readmission reduction during admission
4. Increase individualized referrals
5. Conduct a follow-up telephone call to anyone associated with the patient’s aftercare plan

**Medication-related**
6. Medications filled at discharge
7. Verify coverage for medication

**Teamwork-related**
8. Improve communication and coordination between providers
9. Have a specific procedure for follow-up with clients not adherent to aftercare
10. Case Conference review of every readmission

*Rated as the most important intervention to reduce readmissions

To view information, implementation tips, and resources for the individual interventions listed above please visit: [www.hsag.com/bh-resources](http://www.hsag.com/bh-resources)

For more information, read *Reducing Behavioral Health Readmissions: Strategies and Lessons Learned* at [https://goo.gl/fo0sWr](https://goo.gl/fo0sWr)

Key Lessons:
- Establishing a set of core clinical processes is critical.
- Using a portfolio of mutually reinforcing interventions is needed.
- Success depends more on robust implementation on any one intervention.

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1. The Office of Mental Health in New York.

This material was prepared by Health Services Advisory Group, the Medicare Quality Improvement Organization for Arizona, California, Florida, Ohio, and the U.S. Virgin Islands, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. Publication No. QN-11SOW-G-1-01122018-04