

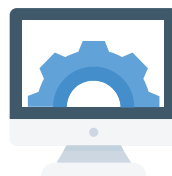
# 2024 National Kidney Month Resources



March is National Kidney Month and the disease is on the rise among Americans. More than [1 in 7 U.S. adults](#) are estimated to have chronic kidney disease (CKD) and about [1 in 3 adults](#) with severe CKD do not know they have CKD. Health Services Advisory group (HSAG) wants to raise awareness on kidney health and assist your organization with managing your patients' chronic kidney disease through resources offered by subject matter experts, such as the Centers for Disease Control and Prevention (CDC), National Kidney Foundation (NKF), American Academy of Family Physicians (AAFP), National Institute of Diabetes and Digestive, Kidney Diseases (NIDDK), and National Heart, Lung, and Blood Institute (NHLBI)—all listed below.

## Resources

- Access the [CKD Quick Reference Guide for Primary Clinicians](#) (PDF).
- Manage CKD with the [Clinical Practice Algorithm](#) (PDF).
- Use the [Clinician Teaching Card](#) (PDF).
- Refer tobacco users to the local tobacco cessation programs:
  - Arizona: [ASHLine](#)
  - California: [Kick It California](#)
- Refer patients to local no-cost disease self-management programs (CDSMP) and diabetes self-management education (DSME) programs. To find a program nearby, visit the [HSAG event calendar](#). If you wish to conduct a workshop at your facility, please reach out to HSAG at [PhysicianOfficeSupport@hsag.com](mailto:PhysicianOfficeSupport@hsag.com).
- Use [social media posts and graphics](#) to raise awareness about kidney health (ZIP).



## Download these patient resources:



- Newly diagnosed with kidney disease (PDF): [English/Spanish](#)
- [Patient-Centered Care Plan](#) (PDF)
- Kidney Disease Zone Tool (PDF): [English/Spanish](#)
- [Tools/resources](#) on the NKF-endorsed Dietary Approaches to Stop Hypertension (DASH) diet to lower the risk of getting kidney and heart disease

**Need further assistance? Send an email to [physicianofficesupport@hsag.com](mailto:physicianofficesupport@hsag.com) and an HSAG team member will reach out to you to help.**