

MY CHOICES: *Peritoneal Dialysis (PD)*

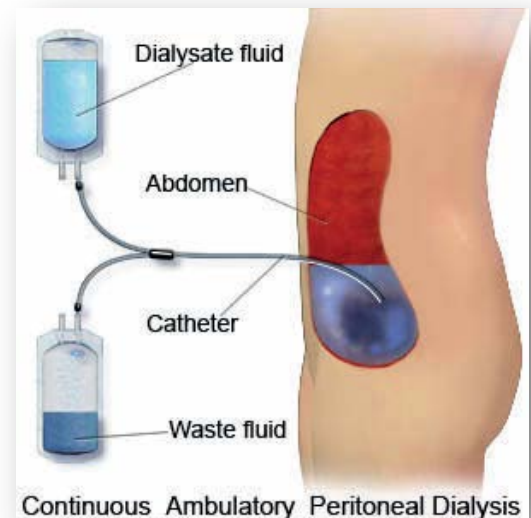
Peritoneal dialysis (PD) is another available treatment choice when you have kidney failure. The peritoneum is the natural membrane that covers the lining of the abdomen and lines the abdominal wall. This membrane functions like a filter and it allows toxins and fluid to be filtered from the blood. An opening to the peritoneum area is created surgically by placement of a catheter or tube through the abdominal wall. Your doctor and care team can help you decide which type of PD is best for you and teach you how to safely do your treatment. The two types of PD treatment are:

Continuous Ambulatory Peritoneal Dialysis (CAPD) -

Can be done throughout the day.

Continuous Cycling Assisted Peritoneal Dialysis (CCPD) -

Can be done while you sleep at night.



ADVANTAGES AND DISADVANTAGES OF PD

Advantages

- ✓ PD allows for you to be more independent and continue to work.
- ✓ The treatment schedule is flexible. You decide how to fit your exchanges in to your day or night.
- ✓ PD is done more often than in-center hemodialysis (HD) so you won't feel wiped out or tired after exchanges.
- ✓ Your diet is more normal than with in-center HD.
- ✓ Needles are not needed.
- ✓ Your own body, not a dialyzer, cleans your blood. Your blood does not leave your body.
- ✓ You can travel. Supplies can be shipped to you anywhere in the United States and the cycler can go on an airplane.
- ✓ PD requires reduced visits to the facility.

Disadvantages

- ✓ Dialysate has sugar in it, which can cause weight gain.
- ✓ Body image can be affected due to having fluid and a catheter in your belly.
- ✓ You may be more likely to get an infection because your catheter is a pathway into your body.
- ✓ You must stay away from underwater activities.
- ✓ PD must be done every day.
- ✓ Space is needed for storage of supplies.
- ✓ Supply delivery times may not be convenient.
- ✓ Supply boxes are heavy.
- ✓ Used supplies must be disposed of properly.

Ask your nurse for more information about PD.

HSAG: The Florida ESRD Network gratefully acknowledges Heartland Kidney Network (NW12) and Medical Education Institute, Inc. (<http://meiresearch.org>) for the development of the content used in this resource.

To file a grievance about the care you are receiving at your dialysis facility, contact Network 7 at 800.826.3773.