Ohio Diabetes Empowerment Education Program™ (DEEP™) Peer Educator Sharing Call

Gail Gresko
Community Program Specialist
Health Services Advisory Group (HSAG)
November 28, 2017
Thought For The Day

If you FAIL, never give up because f-a-i-l means “first attempt in learning”
END is not the end. In fact, e-n-d means “effort never dies”
If you get NO as an answer, remember n-o means “next opportunity”
Today’s Agenda

• Welcome and roll call
• Peer educator (PE) reach in Ohio
  – PEs trained to date, active peer educators, and those who need to conduct their first class
  – Upcoming Train-the-Trainer workshops
• PE recognition
• Data collection/reporting
  – Pre- and Post-Data Results, Bonnie Hollopeter, LPN, CPHQ, CPHIMS, HSAG Diabetes Project Lead
  – Classes held and number of graduates this past quarter
  – New process for PEs in 2018—Personal Health Log
Today’s Agenda (cont.)

• Implicit Biases: Recruitment 101
  – Rashaan Cargile-Gregory, MSW, CHW, HSAG Community Outreach Specialist

• Planning for 2018
  – Frequency for PE WebEx Sharing Calls

• New resources and documents
  – Updates from the University of Illinois, at Chicago (UIC)
  – New resources

• Q&As—Workshop procedures/paperwork
  – Aimee Dutton, HSAG Data Coordinator

• Success stories and best practices
• Barriers and challenges
• Events and resources
• Next peer educator sharing call date
Participating PEs in Ohio

- Orange = Minority counties
- Green = Rural/Appalachian counties
- Gray = Minority and Rural/Appalachian counties
- Black = Participating Peer Educators
DEEP Train-the-Trainer Workshops

Workshops held since our last call:

• September 5–7, 2017: Uniontown (Direction Home/AAA 10b)
• September 12–14, 2017: Dayton (Diabetes Dayton)

Upcoming Workshop:

• December 13–15, 2017: United Way of Greater Toledo (AAA 4)
Successes!
Pre- and Post-Patient Activation Survey (PAS) Results

Bonnie Hollopeter, LPN, CPHQ, CPHIMS
HSAG Diabetes Care Task Lead
Pre-and Post-PAS Results (Question Level)
East Central Ohio Care Coordination Coalition

Source: Analysis completed for all Medicare beneficiaries (as reported on the Medicare demographic form) who completed a diabetes self-management education [DSME] class by August 2017.
## Greater Cincinnati

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Pre-and Post-PAS Results (Question Level)
West Central Ohio Care Coordination Coalition

Source: Analysis completed for all Medicare beneficiaries (as reported on the Medicare demographic form) who completed a diabetes self-management education [DSME] class by August 2017.
For questions or more information contact:
Bonnie Hollopeter, LPN, CPHQ, CPHIMS
HSAG Diabetes Care Task Lead
O: 614.307.2036 | bhollopeter@hsag.com
Data Collection/Reporting

- Classes held and the number of graduates this past quarter
- New process for PEs in 2018—Personal Health Log
### Personal Health Log

<table>
<thead>
<tr>
<th>Class</th>
<th>Date of Class</th>
<th>Blood Pressure</th>
<th>Weight or height</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class 1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Class 2</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Class 3</td>
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<td>Class 4</td>
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<td></td>
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<tr>
<td>Class 5</td>
<td></td>
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</tr>
</tbody>
</table>

Preceding date is one year up to the day prior to the month/day/year, i.e., 3/1/2017 was the birth date in a somnolent period. When the time period for the date would be 3/1/2017 to 3/31/17.

<table>
<thead>
<tr>
<th>Pre-Ad</th>
<th>Date</th>
<th>Pre-Visit Exam</th>
<th>$\text{Date}^*$</th>
<th>Pre-Type Eng</th>
<th>$\text{Date}^*$</th>
<th>Pre-Loss</th>
<th>$\text{Date}^*$</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\text{No}$</td>
<td>1/1/17</td>
<td>$\text{No}$</td>
<td>1/2/17</td>
<td>$\text{No}$</td>
<td>1/3/17</td>
<td>$\text{No}$</td>
<td>1/4/17</td>
</tr>
</tbody>
</table>

Post-Ad data is only one year to the day of the month/year, i.e., if 3/1/2017 was the birth date in a somnolent period, then the time period for the date would be 3/1/17 to 3/31/17.

<table>
<thead>
<tr>
<th>Post-Ad</th>
<th>Date</th>
<th>Post-Visit Exam</th>
<th>$\text{Date}^*$</th>
<th>Post-Type Eng</th>
<th>$\text{Date}^*$</th>
<th>Post-Loss</th>
<th>$\text{Date}^*$</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\text{Yes}$</td>
<td>2/1/17</td>
<td>$\text{Yes}$</td>
<td>2/2/17</td>
<td>$\text{Yes}$</td>
<td>2/3/17</td>
<td>$\text{Yes}$</td>
<td>2/4/17</td>
</tr>
</tbody>
</table>
Implicit Biases:
Recruitment 101

Rashaan Cargile-Gregory, MSW, CHW
HSAG Community Health Specialist
What Is Implicit Bias?

Implicit bias refers to the attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner.

http://kirwaninstitute.osu.edu/research/understanding-implicit-bias/
How Can Bias Affect the Way You Recruit?

• Area
• Different environment
• What if?
• Education (Do not make assumptions!)
• News (Do not allow the news to shape your perception of a group of people.)
Biases When Working With These Populations

• African Americans
• Hispanics/Latinos
• American Indians/Native Americans/Alaska Natives
• Asians/Pacific Islanders
• People living in rural areas/Appalachia
• Dual-eligible Medicare and Medicaid beneficiaries
• Low-income housing
Do You Have Any Biases?

- Your experiences with other cultures and background (good or bad)
- Not having a lot of exposure to other cultures and nationalities, while allowing media, jokes, and inexperience with other cultures shape our views
- What someone has told us about certain topics, people, and places (hearsay or gossip)
- Inexperience
- Television
- Correctly referring to someone of a different race, culture, or religious background
How To Better Understand—Community Research

• History
• Population
• Family makeup
• Age of community (young or older community)
• Gathering places
• Community pride (Find the leaders.)
• Listen (Listen to what a offends the group and why.)
Food for Thought...

- https://implicit.harvard.edu/implicit/takeatest.html
- https://www.thisappalachiallife.com/single-post/2017/05/10/My-Mother-Wasnt-Trash
- http://kirwaninstitute.osu.edu/research/understanding-implicit-bias/
- https://www.thinkculturalhealth.hhs.gov/education/nurses
- https://www.aamc.org/initiatives/tacct/
Need Help?

Please contact me if you need assistance in recruiting:

Rashaan Cargile-Gregory, MSW,CHW
Community Outreach Specialist/Recruiter
614.425.8917 | Rgregory@hsag.com

*Check your ZIP codes. If there are concerns or topics you would like more information on, please feel free to email or call me.
Planning for 2018

Group Discussion
New Resources and Documents

- Updates from the UIC
- New resources and documents
Q&As: Workshop Procedures/Paperwork

Contact Aimee Dutton, BA
HSAG Data and Project Coordinator
O: 614.360.2750 | F: 614.221.2250 | adutton@hsag.com
Peer Educator Feedback

- Success stories and best practices
- Barriers and challenges
Events and Resources

– National health observances
  • American Diabetes Month (November)
  • Diabetic Eye Disease Month (November)
    https://www.aao.org/eye-health
  • National Diabetes Awareness Month
    https://www.hsag.com/national-diabetes-month
Thank you!

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HSAG actively cultivates national and community partnerships, encouraging collaborative learning and action to improve healthcare quality.

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