

# Top 10 Intervention Series:

## Reducing Inpatient Psychiatric Readmissions

### The third of a 10-part monthly series brought to you by Health Services Advisory Group (HSAG)

HSAG is spotlighting the 10 practices identified in *Reducing Behavioral Health Readmissions: Strategies and Lessons Learned*. The article cites: "A key lesson learned is that a portfolio of mutually reinforcing interventions is needed to achieve project impact, and success depends more on robust implementation than on choice of any one intervention."<sup>1</sup> Surveys from numerous hospitals using a variety of readmission reduction interventions endorsed **these top 10 practices** as **very important** or **critical** for reducing readmissions.

#### Items for consideration in the Family/Caregiver readmission reduction meeting



**REMEMBER!!** Patients with dual-eligibility (having both Medicare and Medicaid) consistently account for more than 50 percent of behavioral health readmissions<sup>2</sup>

For more information, read  
**Reducing Behavioral Health Readmissions:  
Strategies and Lessons Learned** at  
<https://goo.gl/fo0sWr>



## Intervention #3

Family/Caregiver meeting focused on readmission reduction *during* admission

### With active participation of:

- Patient
- Patient's family members
- Caregivers
- Outpatient providers
- Other members of support system

Plan for success after discharge **while the patient is still receiving inpatient treatment**. Build a daily transition plan to be implemented for 30 days after discharge.

Find extensive, vetted, user-friendly community and behavioral health resources at [www.hsag.com/community-bh-resources](http://www.hsag.com/community-bh-resources)

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Look for Intervention #4 Coming in August!

1. The Office of Mental Health in New York. 2 According to CMS Medicare Fee-for-Service claims data for CA and AZ Q4 2015-Q3 2016  
\* Primary Care Provider \*\* Social Security Disability Insurance \*\*\* Libraries offer no-cost access to books, movies, music and more.