







# Opioid Stewardship Program (OSP) Quickinar Series

Barb Averyt, HSAG Executive Director
Claudia Kinsella, Quality Improvement Specialist
Jeff Francis, Quality Improvement Specialist
Thursday, October 21, 2021



#### Judy's Story



"You never expect that you're going to lose a child. It's all out of order."

-Judy

https://www.cdc.gov/rxawareness/stories/judy.html



#### **Poll Question**

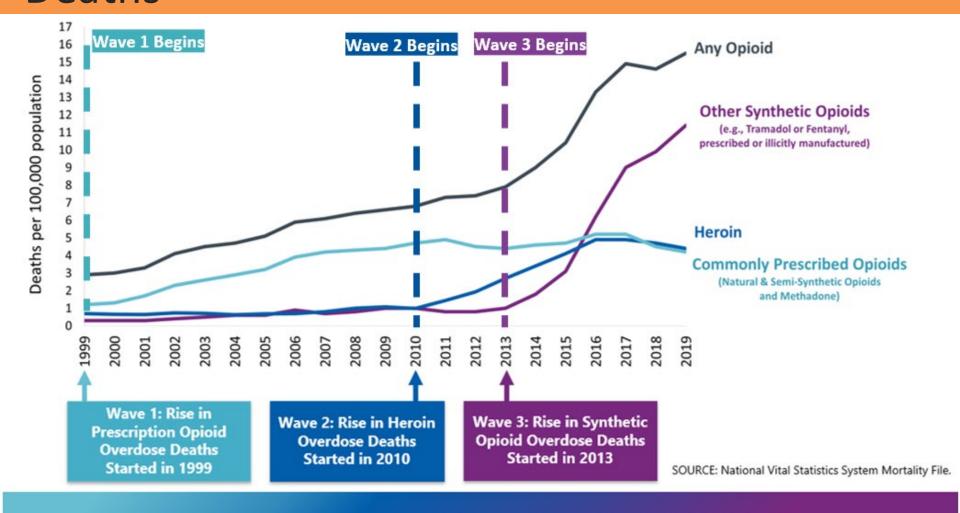
Do you know someone who has struggled with opioid use?

A. Yes

B. No

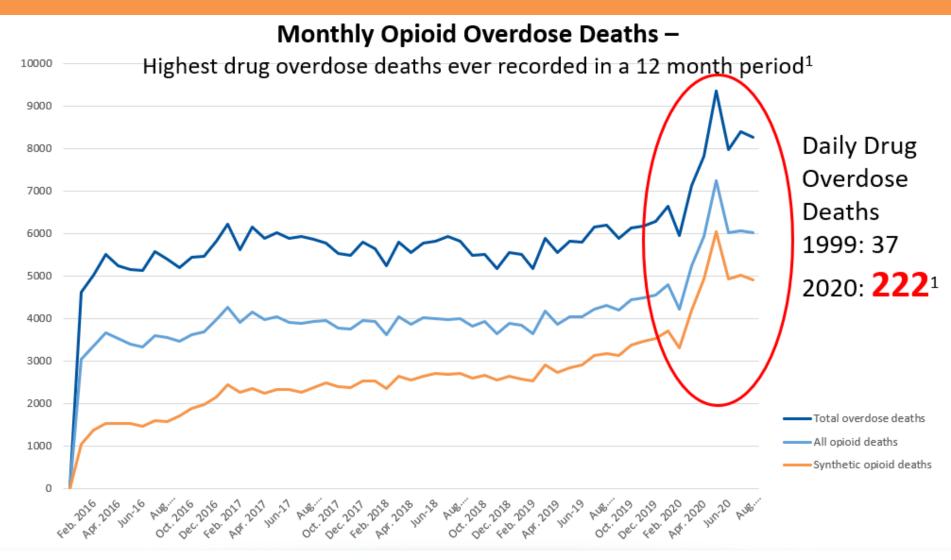


### Three Waves of the Rise in Opioid Overdose Deaths





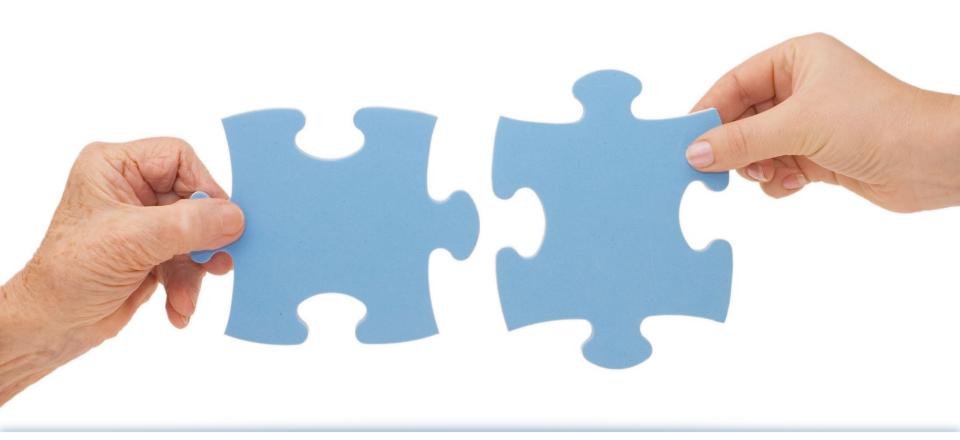
#### The Opioid Crisis and the COVID-19 Pandemic





### What is Opioid Stewardship?

• Challenge: What can you do?





## Stewardship→ Antibiotic Stewardship→ Opioid Stewardship

Stewardship	Antibiotic Stewardship	Opioid Stewardship
The job of supervising/taking care of something. <sup>1</sup>	A coordinated program that promotes the appropriate use of antimicrobials (including antibiotics), improves patient outcomes, reduces microbial resistance, and decreases the spread of infections caused by multi-drugresistant organisms. <sup>1</sup>	Coordinated interventions designed to improve, monitor, and evaluate the use of opioids in order to support and protect human health. <sup>1</sup>

"The commitment to safe prescribing so that the **right patient** receives the **right opioid** for the **right indication**, the **right duration**, and the **right dose** of treatment."<sup>2</sup>

Holly L. Geyer, MD, Mayo Clinic



#### Multiple Choice Question

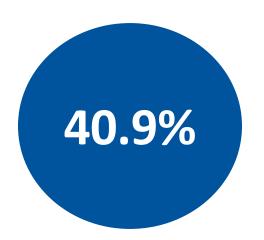
What percentage of hospitals in the United
 States have an opioid stewardship program?

- A. 75%
- B. 60%
- C. 50%
- D. 40%
- E. 30%

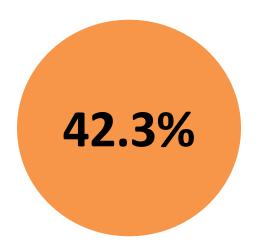


## Opioid Stewardship Activities in Health Systems Currently

Hospitals with OSP (2018)



Academic Medical Centers with OSP (2018)



Opioid Stewardship was defined as one activity.

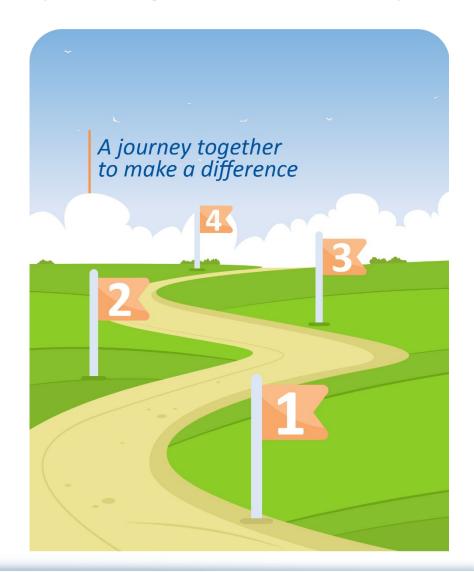
How long are we working on just one element of opioid stewardship?



#### **Our Opioid Stewardship Program Journey**

Your QIO is always here to support as you navigate your self-directed path.

- Step One: OSP Assessment—
  11 questions identifying current level of implementation
- Step Two: "Quickinar" sessions—to review each element of opioid stewardship
- Step Three: Develop Action Plan—identify strategies to help implement elements of opioid stewardship
- Step Four: Implement Action Plan—utilize tactics, strategies, and resources provided by HSAG

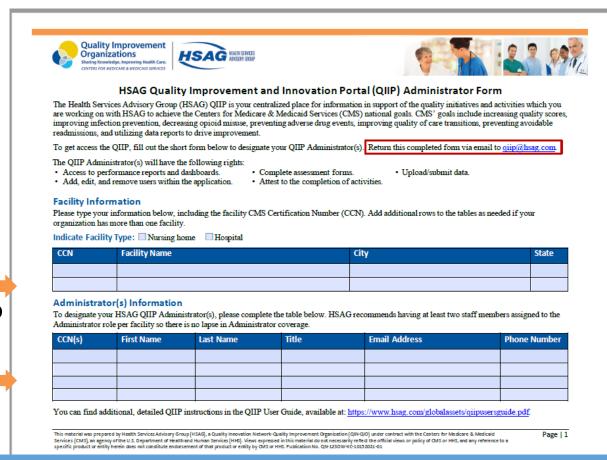




## Register for Quality Improvement Innovation Portal (QIIP) Access

### Registration form instructions:

- 1. Download form
- Complete Facility information
- Include staff you wish to have access to data portal
- 4. Email completed form to QIIP@hsag.com



#### https://bit.ly/qiipform



Assessments

Reports Performance

Interventions

Data A





Quality Improvement Innovation Portal











Acute Opioids

ED Opioids

Acute ADE

Acute Care Transitions

ED Care Transitions

#### Opioid Stewardship Program (OSP) Implementation

Work with your department leadership team to complete the following assessment. Each item relates to OSP elements that should be in place for a successful OSP in your facility. This OSP implementation assessment is supported by published evidence and best practices including, but not limited to, the Centers for Disease Control and Prevention (CDC), Department of Health and Human Services (HHS), The Joint Commission (TJC), National Quality Forum (NQF), Institute for Healthcare Improvement (IHI), and state government recommendations. Select the level of implementation status on the right for each assessment item.

Download Assessment 🕹

To understand the rationale and references for each question, click here.

A. Commitment

#### https://qiip.hsag.com

D. Education and Expertise

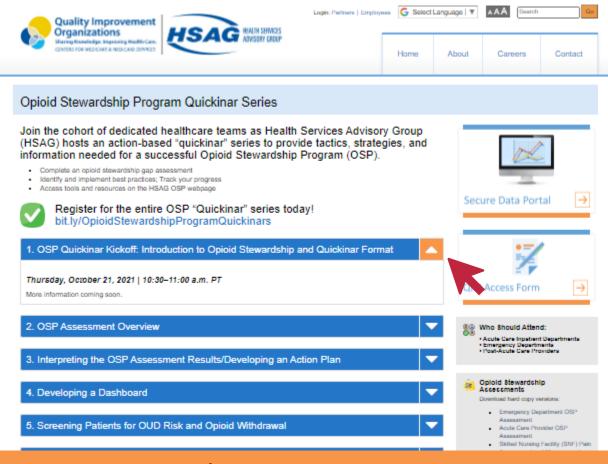
Open Response

Cancel x

Save 🖺

#### OSP "Quickinar" Series Homepage

- Access session recordings and materials
- Register for all remaining sessions
- Direct link to QIIP data portal



https://www.hsag.com/osp-quickinars



#### OSP "Quickinar" Schedule: Mark Your Calendars

OSP Quickinar Kickoff: Introduction to Opioid Stewardship and Quickinar Format Thursday, October 21, 2021   10:30–11:00 a.m. PT	Partnering with Pharmacists for ongoing Medication Management Thursday, February 10, 2022   10:30–11:00 a.m. PT
OSP Assessment Overview Thursday, October 28, 2021   10:30–11:00 a.m. PT	Double Trouble: Benzos and Opioids Harm Reduction with Naloxone Thursday, March 10, 2022   10:30–11:00 a.m. PT
Interpreting the OSP Assessment Results/Developing an Action Plan Thursday, November 18, 2021   10:30–11:00 a.m. PT	MAT: Prescribing Buprenorphine Thursday, April 14, 2022   10:30-11:00 a.m. PT
Developing a Dashboard Thursday, December 9, 2021   10:30–11:00 a.m. PT	Getting Patient Buy-in through Education Thursday, May 12, 2022   10:30–11:00 a.m. PT
Screening Patients for OUD Risk and Opioid Withdrawal Thursday, January 13, 2022   10:30–11:00 a.m. PT	Reevaluating Your Program and Celebrating Success Thursday, May 26, 2022   10:30–11:00 a.m. PT

#### Register for the entire OSP "Quickinar" series today!

bit.ly/OpioidStewardshipProgramQuickinars



A Good Discharge Plan for Pain Management with Opioids

Thursday, January 27, 2022 | 10:30-11:00 a.m. PT

#### Our Next "Quickinar"

### OSP Assessment Overview October 28, 2021 | 10:30 a.m. PT

#### https://bit.ly/OpioidStewardshipProgramQuickinars

Acut	e Care Provider OSP Asse	ssment			- S	wring Knowledge, Improving NEERS FOR MESICARE & MESIC	Health Care.				
Facility Name: CCN: Assessment				ate:	Complet	ed by:					
Work with your department leadership team to complete the following assessment. Each item relates to OSP elements that should be in place for a successful OSP in your facility. This OSP implementation assessment is supported by published evidence and best practices including, but not limited to, the Centers for Disease Control and Prevention (CDC), Department of Health and Human Services (HHS), The Joint Commission (TIC) National Quality Forum (NQF), Institute for Health care Improvement (HHI), and state government recommendations. Select the level of implementation status on the right for each assessment item. Once this form is complete, please go online and enter your answers.											
	Asses	sment Items		Not implemented/ no plan	Plan to implement/no start date set	Plan to implement/ start date set	In place less than 6 months	In place 6 months of more			
A. Co	ommitment										
1.	Your facility has an OSP leadership to departments and disciplines (e.g., ac surgery, pharmacy, internal medicin	lministration, emergency de	partment, informatics,								
2.	Your facility has a workflow that faci Program (PDMP) review for discharg										
3.	Your facility utilizes Enhanced Recovareas like perioperative, inflammato settings. iii										
4.	Your facility provides treatment for	opioid withdrawal.iv									
B. Ad	ction										
5.	Your facility has an established meth treatment (e.g., opioid risk tool, sing scale [COWS] score). <sup>v</sup>										
6.	Your facility refers for medication-as treatment (i.e., buprenorphine or m therapies).vi										

"The OSP assessment helped us identify a gap we weren't even aware of" -CAH Director of Quality

"Great rationales and references at the end of the assessment to further guide the team" -System Lead Pharmacist



#### To Do's by Next Thursday (10/28/2021)

1

Ensure you have QIIP access | https://qiip.hsag.com

Pull up the OSP Assessment on the QIIP to familiarize yourself with the document.

3

Invite colleagues to register for the entire "Quickinar" series.



#### There is Hope...Meet David



"There is a way out of addiction. You don't have to do this alone."

-David

https://youtu.be/KEp-OCORxJs



#### Please Take 5 Seconds and Let Us Know



We want this call to be meaningful to you, so we need your input.

At the end of the webinar, you will be asked **one question** to determine if this call equipped your organization to begin implementing opioid stewardship practices.







### Thank you!

Claudia Kinsella | ckinsella@hsag.com

Jeff Francis | <u>ifrancis@hsag.com</u>















#### Disclaimer

This material was prepared by Health Services Advisory Group (HSAG), a Quality Innovation Network-Quality Improvement Organization (QIN-QIO) under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS.

Publication No. QN-12SOW-XC-10192021-01

