



SCRIPPS WHITTIER DIABETES INSTITUTE  
LA JOLLA, CALIFORNIA

# Emerging Therapeutic Trends to Optimize Diabetes Care

**April 17-18, 2015**

Holiday Inn San Diego - Bayside • San Diego, California

## Target Audience

This course is designed for primary care physicians and allied health professionals involved in the care of patients with diabetes.

A long wooden pier extends into the ocean at sunset. The sky is a mix of blue and orange, and the water is calm. In the background, a city skyline and mountains are visible under a clear sky.

Visit [www.scripps.org/diabetescmeapril](http://www.scripps.org/diabetescmeapril)  
for conference updates!

Follow the conversation on Twitter at #ScrippsDiabetes 

## Course Overview

**Emerging Therapeutic Trends to Optimize Diabetes Care** symposium will highlight the latest concepts in the treatment of type 2 diabetes. The symposium will offer primary care providers an interactive venue for learning about; 1) The latest statistics, standards of care and pathophysiologic mechanisms underlying diabetes, 2) Assessing unmet needs and treatment patterns of patients with type 2 diabetes, 3) Understand the next generation of therapies in diabetes including oral and insulin options, 4) Obtain practical approaches to starting and progressing therapy to achieve optimal diabetes control in the ambulatory and acute settings.

The course will be taught by nationally known experts who are actively involved in clinical trials and studies related to the management of diabetes. Physicians will be provided with the necessary context to integrate the relevant information into their practices to improve the quality of life for their afflicted patients.

## Conference Highlights

- Focused talks from leading experts
- Ample question and answer time with course faculty
- Interactive case presentations and discussion
- Conference app with access to course materials and presentations from the convenience of your mobile device or computer
- Enduring web-based CME program will be offered via an e-learning course once the 2015 programs are completed

## Conference Objectives

**After attending this activity, participants should be able to:**

- Summarize the latest statistics, new pathophysiologic mechanisms and updated standards of care for treating diabetes
- Assess unmet needs and treatment patterns of patients with type 2 diabetes
- Understand the next generation of therapies in diabetes including oral and insulin options
- Obtain practical approaches to starting and progressing therapy to achieve optimal diabetes control in the ambulatory and acute settings

## Accreditation

### Physicians (MD, DO)

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 13 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Family Physicians (AAFP)

An application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

### Dietitians:

This program has been approved by the Commission on Dietetic Registration for 13 CPEUs.

### Naturopathic Doctors

The California Bureau of Naturopathic Doctors accepts *AMA PRA Category 1 Credit(s)*™.

### Nurses

Provider approved by the California Board of Registered Nursing, Provider Number CEP15199, for up to 15.6 contact hours. Contact hours will be provided by Scripps Center for Learning & Innovation.

### Physician Assistants

The American Academy of Physician Assistants accepts Category 1 credit from AMA Category 1 CME organizations accredited by the ACCME.

### Psychologists

The Board of Psychology accepts *AMA PRA Category 1 Credit(s)*™ for license renewal.

## Disclosure

### Commercial Support

This course is supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. At the time of printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

### Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.

# Agenda

## FRIDAY

7:30 a.m.

Registration, Breakfast, View Exhibits & Pre-Assessment Test

8 a.m.

Welcome & Introductions

### Diabetes Today

- Recent Statistics
- Standards of Care 2015
- Pathophysiology Latest Concepts

### Lifestyle Interventions-What Really Works

### Medication Approaches-What's New on the Horizon

### Small Group Workshops-Practical Cases for Starting & Progressing Care

### Advancing Diabetes Care-

- Initiating & Optimizing Basal Insulin
- New Insulins on the Horizon
- Insulin Combinations

### Management of Complications

4 p.m.

Adjourn

*\*Topics and times subject to change*



## SATURDAY

7:30 a.m.

Registration, Breakfast, & View Exhibits

8 a.m.

Welcome & Introductions

### Complex Diabetes Management

### The Patient's Perspective

### Diabetes Management in the Ambulatory Setting

- Type 1, Type 2, Diabetes in Pregnancy
- Critical Components for Developing a Care Management Approach

### Diabetes Management in the Hospital Setting

- Approaches with Standardized Protocols
- Approaches to Optimize Transitions of Care

### Small Group Workshops-Real World Cases

### Emerging Trends and Technology in Diabetes Care

- CGMS
- Advancing Pump Technologies
- Biologic Approaches

4 p.m.

Adjourn

**Faculty Disclosure:** In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.



## Course Director

### Athena Philis-Tsimikas, MD

Corporate Vice President  
Scripps Whittier Diabetes Institute  
La Jolla, California

## Faculty

### George Dailey, MD

Senior Consultant Scripps Clinic Medical Group  
San Diego, California

### Daniel Einhorn, MD

Immediate Past President, ACE  
Scripps Health  
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### Alberto Hayek, MD

Professor Emeritus  
University of California, San Diego  
La Jolla, California

### James McCallum, MD

Chief, Division of Endocrinology  
and Metabolism  
Scripps Clinic  
La Jolla, California

### Anne Peters, MD

Director, USC Clinical Diabetes Program  
Professor, Keck School of Medicine of USC  
Los Angeles, California

### Jeffrey Sandler, MD

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### Kelly Barger, RD/CDE

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### Tamara Finger, RN/CNS

Advanced Practice Nurse  
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### Maire Robacker, RN/CDE

Advanced Practice Nurse  
Scripps Whittier Diabetes Institute  
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## ATTENDANCE POLICIES

### Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$ 50 processing fee, if your cancellation is received in writing no later than one week prior to the course. Attendee substitutions are allowed, but notification must be made in writing by one week prior to the course. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

### Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

## Conference Location & Hotel Information

### Holiday Inn San Diego - Bayside

4875 N Harbor Dr  
San Diego, California 92106  
Phone: 619-224-3621

### Rates & Reservations

We have obtained special low rates at the hotel starting at **\$169** per night for an Executive room (plus tax and parking). This discounted Scripps rate also includes:

- 24 hour complimentary airport shuttle service
- Complimentary wireless high speed internet access in all guest rooms
- Complimentary business center
- Complimentary fitness center and all recreational amenities (ping pong, putting green, shuffleboard, and bicycles)

**Make your reservations early!** A block of rooms is being held for us until **Thursday, March 26, 2015**. After this date, reservations will be accepted on a space and rate available basis only. Be sure to mention that you are attending the Scripps conference when making your reservations to receive the reduced rates.



## Save the Date!

# Advanced Therapeutic Interventions to Optimize Obesity and Diabetes Care

**September 25-26, 2015**

San Diego Marriott La Jolla, San Diego, CA

### DOWNLOAD THE SCRIPPS CME APP FOR YOUR SMART PHONE OR TABLET!

All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free Scripps CME conference app for iPhone, iPad, Android, and BlackBerry. To download the app on your smart phone or other device visit the appropriate app store and search ScrippsCME (must be one word). The app is free of charge and will be continuously updated during and after the course.

To access the site using your cell phone or computer's web browser: [www.gupio.com/ScrippsCME](http://www.gupio.com/ScrippsCME)





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