

# CDPH COVID-19 Testing Updates

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## CDPH is providing COVID-19 tests to Skilled Nursing, Elder Care and Long-Term Care facilities.

- At-home tests to provide to residents, staff, and visitors who have symptoms.
- Order for 16-weeks of tests.\*
- Deadline to order: November 30, 2023.
- 2 tests per box
- Store between 36-86°F
- Order here: <a href="https://labsupport.powerappsportals.us/ordercovidotc/">https://labsupport.powerappsportals.us/ordercovidotc/</a>
- \*If your facility has storage limitations, smaller monthly requests may be accepted.
- For more information, please access the <u>SNF/Elder Care/Long Term</u> <u>Care At-Home Testing Resources.</u>

# Who can use at-home tests? When do I test?

- At-home tests should be performed and read by the individual being tested. Assistance MAY be provided by staff in certain cases.\*
- \*For details of when assistance may be provided, please see Page 5 of <u>PIN 22-10-ASC</u>--Addendum A: OTC COVID-19 Antigen Tests and CLIA Waiver Applicability.
- COVID-19 Testing What You Need to Know (PDF) English, Spanish, Arabic, Armenian, Chinese Simplified, Chinese Traditional, Hmong, Khmer, Korean, Punjabi, Russian, Tagalog, Thai and Vietnamese.

### COVID-19 Testing – What You Need to Know 💠

#### When should you test?

If you feel sick and have symptoms of COVID-19 • Test right away. If your first test is negative, test again 1-2 days later

After exposure • Even if you don't feel sick, test after exposure and again 3-5 days after last exposure.

Before visiting those at high risk

 Test just before visiting individuals who are at higher risk for severe illness (older adults or people with weakened immunity).

When traveling

Follow CDC travel recommendations.

#### Positive test?

Stay home. Let your work or school know, follow their guidance and <u>COVID-19 isolation</u>
 recommendations to prevent spreading the virus to others.

 Ages 12 or older? Get FREE medications for COVID-19 that are safe and highly effective at preventing serious illness, when taken within 5-7 days of symptom onset.

#### Negative test but still have COVID-19 symptoms?

• Wear a mask. Check with your work or school for further guidance

Test again in 1-2 days.

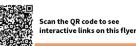
#### Need more tests?

You may be able to <u>get\_FREE tests</u> with medical insurance at your local drugstore (in-store or online).
 Purchase from your local drugstore or pharmacy (in-store or online).

• Expiration Update: Most at-home tests have FDA extensions and can be used longer than the dates printed on the boxes.

#### Where else to test?

• Visit MyTurn, or for those without health insurance, find a <u>no-cost testing site online</u> or call (833) 422-4255 or 211.



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### When should you test?

### If you feel sick and have <u>symptoms</u> of COVID-19

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### After exposure

 Even if you don't feel sick, test after exposure and again <u>3-5 days after last exposure</u>.

### Before visiting those at high risk

• Test just before visiting individuals who are at higher risk for severe illness (older adults or people with weakened immunity).

### When traveling

Follow <u>CDC travel recommendations</u>.



# How to obtain COVID-19 tests

- All *insured* people can request 8 free (or reimbursed) tests each month from pharmacies or retail stores through 11/11/23
- Learn more at <u>https://covid19.ca.gov/get-tested/</u>
- U.S. households can order 4 more free COVID-19 rapid tests: <u>https://www.covid.gov/tests</u>

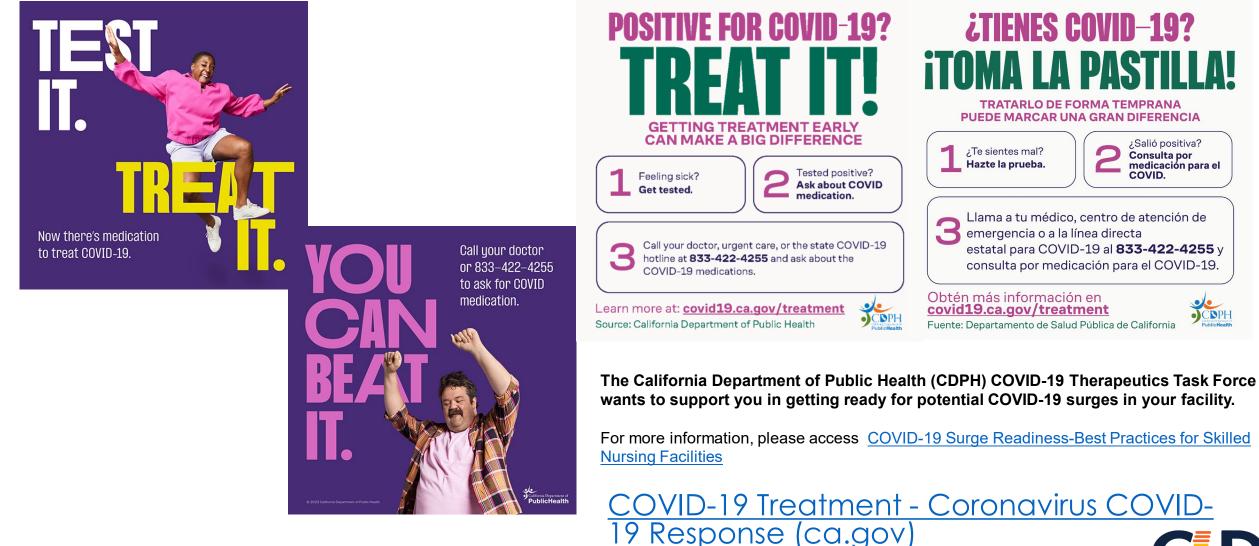


# Your at-home tests are likely not expired!

- Most printed expiration dates are not correct and have been extended
- Check to see the correct expiration date on the <u>FDA</u> <u>website</u>
- Replace tests that are older than the **extended** expiration dates.
- If newer tests are not easily available, you may use an expired test as long as the internal control line remains valid.



# Covid Treatments Resources & Toolkits



Center for Infectious Diseases



• For questions please contact <u>OTCTesting@cdph.ca.gov</u>

