

Skilled Nursing Facility (SNF) Rehospitalization Risk Assessment

Date: _____ **Anticipated Date of Discharge:** _____

Patient Name: _____ **Primary Physician:** _____

PRIOR PATTERN—Patient has had:

<input type="checkbox"/> >1 hospital or emergency room (ER) visit in the past three months	<input type="checkbox"/> An intensive care unit (ICU) utilization during stay
<input type="checkbox"/> An acute care length of stay (LOS) ≥ 7 days	

ACTIVE/CHRONIC CONDITIONS—Patient has:

<input type="checkbox"/> Congestive Heart Failure (CHF)	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Chronic Obstructive Pulmonary Disease (COPD)	<input type="checkbox"/> Renal failure
<input type="checkbox"/> Sepsis	<input type="checkbox"/> Traumatic brain injury

RISK FACTORS—Patient has (or is):

<input type="checkbox"/> >2 active comorbid conditions	<input type="checkbox"/> ≥ 2 advance care needs (e.g., trach, IV, colostomy)
<input type="checkbox"/> Non-compliant with disease management	<input type="checkbox"/> A poor prognosis
<input type="checkbox"/> Poor pain control	<input type="checkbox"/> A short life expectancy
<input type="checkbox"/> A history of falls	<input type="checkbox"/> Poly-pharmacy—takes ≥ 7 meds
<input type="checkbox"/> Psychiatric/behavioral issues	<input type="checkbox"/> Non-compliant with medication regimen
<input type="checkbox"/> A home safety risk	<input type="checkbox"/> Dyspnea
<input type="checkbox"/> Utilizing an opioid, diabetic agent, and/or blood thinner	

Total number of boxes checked: _____

Five or more boxes **checked** indicates the patient is at high risk for rehospitalization.

Source: Information based on 2018 input and best-practice experience from skilled nursing facility professionals, and elements of the LACE Index Scoring Tool for Risk Assessment of Death and Readmission (Length of Stay, Acuity of Admission, Comorbidities, Emergency Department Visits). LACE developed by researchers at the Ottawa Hospital Research Institute, Institute for Clinical Evaluation Sciences, University of Toronto, University of Ottawa, and University of Calgary, 2010. See also, <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3659212/>.