Protect Yourself!

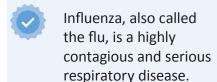
Vaccines Prevent Diseases—Get the Facts

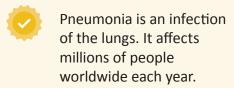


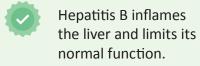
Influenza Vaccine Facts

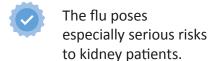
Pneumonia Vaccine Facts

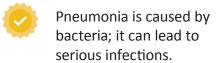
Hepatitis B Vaccine Facts

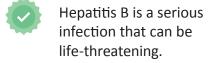


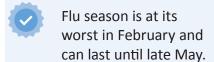


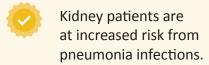


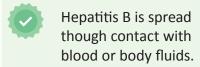


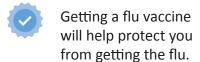


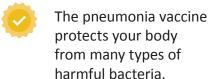


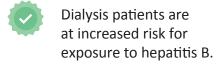














The best time to get a flu shot is October or November of each year.



You can receive a pneumonia vaccine at any time of year.



The hepatitis B vaccine also protects against a form of liver cancer caused by the virus.

Recommendation

Ask your healthcare team about which vaccine is best for you, then get it!

Recommendation

There are two types of pneumonia vaccines. Talk to your healthcare team to ensure you receive both and/or if you require a booster shot.

Recommendation

Get your Hepatitis B vaccine. It is usually given in a series of 3–4 doses.

Dialysis Patients Are at an Increased Risk of Getting Preventable Viruses

For more information about these vaccines, speak with your healthcare team and visit these CDC websites:

www.cdc.gov/flu • www.cdc.gov/vaccines/vpd/pneumo • www.cdc.gov/hepatitis/hbv/vaccadults.htm

Source: The Centers for Disease Control and Prevention (CDC)



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