

## Benefits of Having a Permanent Access

Are you getting the most out of your dialysis treatment?

Is your current access meeting your needs?

Is there another type of access that might work better and could give you more freedom?

Find out by getting an evaluation for a **permanent** dialysis access!

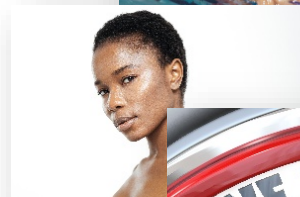
An access is needed to reach your blood so that it can be cleansed by the hemodialysis machine. The two permanent access types include the:

- **Arteriovenous fistula**, which is often referred to as an **AVF**.
  - This access can be done with a minor surgery that joins an artery and vein in your arm.
- **Arteriovenous graft**, which is often referred to as an **AVG**.
  - This can be done with a minor surgery that uses a piece of soft tube to join an artery and vein in your arm.

### Top Patient-Identified Benefits of a Permanent Access

Having a permanent access could give you:

- The ability to take a bath/shower and do water sports.
- Improved skin tone with less itchiness and dryness.
- The potential for a shorter chair time due to fewer alarms interrupting and faster hook-up/take-off times.
- Less risk for infection or hospitalization.



Although a permanent access type, including an AVF or AVG, is preferred, it may not always be the most suitable access option. **Please talk with your care team about what the best access type is for you!**