

GAME PLAN FOR A HEALTHY SEASON

BE A FLU MVP



MOST VALUABLE PROTECTOR



Myth vs. Fact

Quick answers for flu shot myths.

Myth:	The flu shot gives you the flu.
Fact:	Flu vaccines cannot cause flu illness. Ask Employee Health about expected side effects.



Myth:	I am healthy, so I do not need the flu shot.
Fact:	Healthy staff can still spread flu to patients, residents, families, and coworkers.

Myth:	It is too late to get vaccinated after flu season begins.
Fact:	Vaccination later in the season can still support protection and documentation goals.

Myth:	Getting vaccinated takes too much time.
Fact:	The campaign is designed for walk-in clinics, mobile carts, and shift-friendly access.

HSAG is the West Centers for Medicare & Medicaid Services (CMS) Quality Innovation Network-Quality Improvement Organization (QIN-QIO) Region 7.