

Care Conference Questions and Discussion Points to Help Prevent Sepsis

When being admitted to a skilled nursing facility (SNF), you and/or your family will participate in a care conference. Use this checklist to discuss details of your stay with the facility's care team.

General Questions/ Discussion Points



- ☐ Team players—who is sitting around the table?
- ☐ Visitation hours—are there any restrictions?
- ☐ Are podiatry/dental/optometry/psychiatric services available at the facility?
- ☐ Does the facility have a copy of my advance directives?
 - If I do not have advance directives, is there someone that can help me with this?

Care



- ☐ How often are baths/showers given?
- ☐ Will someone check my skin for sores, bruises, and tears?
- ☐ Who washes my clothes?
- ☐ How often:
 - Is oral care completed?
 - Is my room cleaned?
 - Will I be assisted to the bathroom?
 - Will my disposable briefs be checked/changed?
- ☐ Will my family member be able to help with my care?
 - Family member: “how can I help with my loved one’s care?”
- ☐ How long does it take for someone to answer my call light?

Medical



- ☐ Does the facility provide vaccinations?
- ☐ If there is a change in my condition, when will the physician be notified?
- ☐ What will be done to prevent me from going back to the hospital?
- ☐ If I have a do not resuscitate (DNR) order in place, will I still be sent to the hospital?
- ☐ Am I at risk for infection/sepsis?
 - What can the facility do to help protect me?
- ☐ Does the facility have my up-to-date medication list and vaccine status?
- ☐ If on antibiotics:
 - Why am I on antibiotics?
 - Has testing been done to confirm my infection?
 - How long will I be on the antibiotics?

Diet



- ☐ Will I be provided a choice of foods and beverages?
- ☐ Will I be offered fluids during the day to stay hydrated? (If not on a fluid restriction.)



HSAG is the West Centers for Medicare & Medicaid Services (CMS) Quality Innovation Network-Quality Improvement Organization (QIN-QIO) Region 7.